



AIR NEWS

Activity In Retirement (AIR) founded in 1989, registered Charity No. 1001228

An organisation established by retired people, for retired people and run by retired people

Website: airmacclesfield.com

Chairman	Paul Waugh	45 Orme Crescent, MACCLESFIELD, SK10 2HU	Tel 424076
Vice Chairwoman	Liz Welton	23 Hightree Drive, Henbury, MACCLESFIELD, SK11 9PD	Tel 428166
General Secretary	Anne Matthews	Hordern Farm Pottery, Buxton New Road, MACCLESFIELD, SK11 0AN	Tel 612269
Treasurer	Judy Nicholson	22 Vine Close, MACCLESFIELD, SK11 8PA	Tel 426796
Membership Sec	David Bowden	307 Buxton Road, MACCLESFIELD, SK11 7ES	Tel 611098
Newletter Editor	Claire Jones	47 Macclesfield Road, PRESTBURY, SK10 4BW	Tel 820355

Chairman's Letter to AIR Members

As this newsletter is the last before Christmas, on behalf of the Committee and Trustees I would like to wish you all a Merry Christmas and a Happy New Year.

In the past year we have successfully re-activated our AIR activities and the attending numbers have continued to increase. This is very reassuring and we hope it continues as more people hear about AIR and what we have to offer.

I would like to remind members with computer access that all current AIR Documents are available for perusal on our website (<https://airmacclesfield.com>) and that copies of the newsletters have also been added.

All members should have renewed their annual membership and we have therefore asked all leaders to check that attendees have the correct buff coloured card at their activities.

We are now planning our AGM for Wednesday 18 January 2023 at the Macclesfield Community Centre (details are included in this newsletter) along with the vacant positions which we are looking to fill. Nominees are welcome to put themselves forward and must be seconded before being proposed. We shall also discuss the cessation of the present payment holiday and the reinstatement of activity charges.

A coffee morning will be held at the Macclesfield Community Centre on 3 December 2022. The format will be much the same as last year when the bell ringers will attend and play Christmas carols and tunes. Also tombola stall, books and jigsaw stall. Details are included in the newsletter and we look forward to seeing you there.

As the days shorten and the weather worsens I ask you to take care of yourselves, neighbours and friends and hope you all remain safe and enjoy the festive period.

Regards

Paul Waugh – Chairman – December 2022 / January 2023

For Hire

AIR have purchased approximately 150 glass champagne flutes and are now offering these to members for hire. Should this be of interest and you wish to secure more details please contact Paul Waugh 07906 235913

AIR SOCIAL EVENTS

COFFEE AND CAROLS



With

SUTTON ST JAMES HANDBELL RINGERS

on **SATURDAY 3 DECEMBER 2022**

10.30am - 12.30pm

At

Macclesfield Community Centre



No Entrance Fee — Donations to East Cheshire Hospice

Come along for a tea or coffee, mince pies, tombola and bring and buy (donations welcome in advance). Book and jigsaw exchange also available. Have a chat with your friends, and sing along to your favourite Christmas carols played on the handbells.

NEW MEMBERS

The Management Committee extends a warm welcome to the following new members:-

- | | | |
|------------------|-------------------|---------------------|
| Olive Ambrose | Peter Jacob | Barry Searle |
| Linda Beresford | Mary Jacob | Collette Shallcross |
| Robert Beresford | Christine Kettles | Kenneth Smith |
| Frank Bradley | Avril Lamond | Ann Thomas |
| Judy Carr | Janet Leigh | Dorothy Trylose |
| Lita Cooke | Chris Loughran | Eileen Uttley |
| Elizabeth Doyle | Judith Mitchell | Beryl Waterhouse |
| Christine Dunbar | Carol Morrissey | Barbara Wilson |
| Charmaine Fenn | Mike Mrozek | Norman Wilson |
| John Green | Irene Newton | Sam Wong |
| Alexander Hunter | David Owen | Shirley Worth |
| Yvonne Hunter | Glynis Owen | |
| Kathleen Jackson | Pilar Pazos | |

MEMBERSHIP RENEWAL

Thank you to all those members who have renewed their membership for the next year; you should now have your new cream coloured 2023 membership card.

This will be the final newsletter for those who have not renewed their membership.

If you are not sure, please contact the Membership Secretary as soon as possible.

Total AIR Membership is now **679**

A recent message of thanks from a retiring AIR member: *I haven't been to an AIR activity for quite a while, mainly due to getting older, so I have decided to end my membership. I have had some enjoyable times with AIR, it is a wonderful organisation which Macclesfield residents are lucky to have available to them. I wish you and all the AIR officers and members best wishes for the future. Thanks, JL*

WARNING — SCAM EMAILS

There have been several instances recently where individuals have received an email pretending to be a friend or colleague seeking assistance - even *the sender's email address was disguised to look like that of the friend/colleague.*

If you are surprised by the request for assistance or in any doubt about an email you have received purporting to be from someone you know, do not reply directly as your response will go to the scammer. Instead, contact your friend/colleague by telephone to establish if the email is genuine. If proved to be a scam, report the email as 'phishing' and advise the friend/colleague to warn his/her contacts to be aware.

AIR IN ACTION

AIR RAMBLERS

AIR Ramblers meet every Monday morning for walks of around 5 miles. The practice of meeting at the Riverside car park has been suspended with walk details supplied to members by email. Still no sign of the monthly day walks being reinstated due to lack of a leader.

Any enquiries, please contact Chris Jones 07821 587440



AIR Ramblers enjoying a recent autumn walk in the Cheshire countryside.

Walk Leaders Rota:

2023			
05Dec	Christmas Lunch	02Jan Alistair Croft (261964)	06Feb Doreen Dean (01260227207)
12Dec	Pat Wroe (01260 223389)	09Jan Alan Chapman (422295)	13Feb Mike Cliff (501534)
19Dec	Terry Heathcote (574418)	16Jan Jackie Earles (07813358353)	20Feb Peter Soloman (420782)
26Dec	No walk	23Jan David Bowden (611098)	27Feb Margie Hill (562179)
		30Jan TBA	

AIR TAI CHI

Dates for your diaries:

Last class for 2022 will be held on Wednesday 14 December and the first class for 2023 on Wednesday 11 January.

May I wish you a Happy Christmas and a Healthy New Year. Best Wishes, Enid Evans.

AIR MUSIC AND MOVEMENT

Dates for your diaries:

Last class for 2022 will be held on Friday 9 December and the first class for 2023 on Friday 13 January.

May I wish you a Happy Christmas and a Healthy New Year. Best Wishes, Enid Evans.

Please contact Enid Evans on 01625 610627 for further information.

AIR IN ACTION

AIR PAINTING FOR PLEASURE

Our painting group have now moved to Broken Cross Methodist Church which is light and airy with no tables to move. We meet every Monday from 2 - 4pm and everyone is welcome.

Please contact Pat Finch on 01625 423931

AIR KEEP FIT TO MUSIC



Keep Fit To Music on Thursday afternoons resumed in September after a summer break. If keeping fit appeals to you, we do low impact exercises to music for the whole body, finishing with stretches and relaxation. New members are welcome.

Please contact Marion Grant on 01625 430174 for further details

AIR TEN PIN BOWLING

Ten pin bowling is moving from Fridays to Wednesdays. We meet at 10am at Lyme Green Superbowl. We don't usually play during school holidays. The cost is £7 for 2 games, but most pay £7.95 for the nifty 50 deal which includes 2 games plus a bacon or sausage sandwich and coffee or tea. Numbers attending have dropped since the pandemic and we need new players. We are a friendly and sociable group and don't take the game too seriously. New players of all abilities including beginners are welcome.

For further information call Sandra Sidebottom on 07932184739 or email at sandyvs46@gmail.com.

AIR

ANNUAL GENERAL MEETING

Attached to your newsletter is the agenda for the AGM to be held on Wednesday 18 January 2023 at the Community Centre and includes nomination forms for the Management Committee posts due for renewal. It would be great to see some new people coming forward to volunteer for both the committees and for activities leaders and deputies which are always needed. Remember AIR its run by it's members for it's members and you would be made very welcome. It really can be quite rewarding.

A big thank you to all those members already involved.

ACTIVITY IN RETIREMENT - ANNUAL GENERAL MEETING

WEDNESDAY 18 JANUARY 2023

Macclesfield Community Centre at 1.30pm

A G E N D A

1. Apologies for Absence
2. Minutes of the last A.G.M. January 21st 2020
3. Chairman's Report
4. Hon. Secretary's Report
5. Hon. Treasurer's Report
6. Hon. Membership Secretary's Report
7. Election of Officers
8. Any Other Business

NOMINATIONS FOR MANAGEMENT COMMITTEE ELECTIONS JANUARY 2023

A number of posts are up for Election this year. If you feel you would like to join us you would be made very welcome. If you would like to Nominate a member for one of the Management Committee posts listed below, please do so using the attached form.

Please ensure that you have the Nominee's permission. You will need to have another member to second your proposal. You may nominate more than one person but NOT for the same position. The expected tenure of office is three years.

Elections this year are for:

- Hon. General Secretary
- Assistant Treasurer
- Assistant Membership Secretary
- 2 x General Committee Members

The Chairman and Chairwoman are standing for re-election.

NOMINATION FORM

ELECTION OF OFFICERS TO SERVE ON THE AIR MANAGEMENT COMMITTEE

I/We the undersigned wish to nominate.....

for the office of

[Nominees permission has been obtained.]

Signature of Proposer

Print Name

Signature of Seconder

Print Name

Please send the completed forms to : Mrs Anne Mathews, Hordern Farm Cottage, Buxton New Road, Macclesfield, SK11 0AN to arrive by January 5th 2023.